

## Physical Exam - Ages 6-12

### YOUNG COMPLETE PHYSICAL (Ages 6-12)

Dear Parent:

**Your 6 to 12 year old children need a complete physical every year.** It is very important that this be done even if your child is healthy.

This is a one-visit physical and requires your presence. It will not require blood work unless there is some problem found.

We will do a brief history, reviewing medical problems in your child and the family. We will do a physical looking for problems with ears, throat, heart murmurs, abdominal and internal organs, orthopedic issues, hernias, etc.

We will also recommend “health promotion” advice such as taking vitamins, avoiding junk food, etc. to help your child live a longer and healthier life.

Sincerely,

Alliance Family Practice